

Oceanfront Spa Incorporates Indigenous Elements for a Genuine Maine Experience



Organic wild blueberries, sea stones, wild roses and ocean botanicals...

OGUNQUIT, Maine – Guests of *The Cliff House Resort & Spa*, a full service facility on the southern Maine oceanfront, can choose from a variety of customized therapies incorporating local indigenous ingredients for an unforgettable Maine experience.

Organic wild blueberries, sea stones from nearby Bald Head Cliff, wild roses, and restorative ocean botanicals are a few of the signature elements practically guaranteed to restore the body, mind and spirit.



Blueberry lovers can choose from a *Signature Facial* (featuring a Blueberry Smoothie Mask made exclusively for The Cliff House), a *Maine Blueberry Manicure* or *Pedicure*, or the luxurious *Blueberry Body Wrap*, which combines fresh blueberries with ocean botanicals to rejuvenate the body with antioxidant powers and aromatherapy.

The *Maine Wild Rose Wrap* is a naturally fragrant treatment that combines a body polish with finely ground olive pits and pure rose-water body cream, leaving skin glowing, silky and revitalized. Other treatments inspired by the Resort's oceanfront location include the *Atlantic Antioxidant Facial* and *Cliff House Stone Massage* using warm, soothing stones from Bald Head Cliff.



The adults-only Cliff Spa building contains a full service facility offering facial care, nail services, massages and body treatments, a 75-foot lap pool, whirlpool, sauna, steam room, and fitness center. Outside terraces extend to an *oceanfront labyrinth* for quiet meditation, a seaside swimming pool with vanishing edge, and a whirlpool – all with views of the open Atlantic.

Drawing inspiration from the resort's unique seaside setting, the *Red Algae Luxury Detox & Slimming Therapy* promises an all-natural body transformation – featuring a signature red algae, pineapple and grapefruit elastomask designed for contouring and slimming. *Atlantic Well-Being Therapy* is a holistic full-body treatment that envelops and transports you with nourishing sensation.



New for 2010 – the Spa is introducing a unique Tapas Treatments menu that features 25-minute mini-treatments. Indigenous specialties include the exfoliating *Sea Salt Body Buff* and invigorating *Blueberry and Rice Body Polish*.



Spa Getaways – From romantic escapes to all-girl getaways, our Spa packages are designed to pamper the body and renew the mind. Guests can choose from a variety of packages like *Mothers/Daughters/Sisters/Friends* – the ultimate pajama party, *Spa & Golf Combo* offering the best of both worlds for couples, or *Spa Romance* including the option for an in-room massage.

Located on 70 oceanfront acres in Maine, The Cliff House Resort & Spa offers premier guest services, a world-class spa, fine dining and conference facilities. For more information, visit www.cliffhousemaine.com, or contact Jessica Cote at 207-846-3714 or jessica@vreeland.com.

